

## **Feeling Isolated at Lunchtime**

### **Rockville Diversity Leadership Workshop**

Carlos is new to your high school. He arrived about two weeks ago. He is a quiet person, and has a hard time making friends. His interests are mostly gaming and Dungeons and Dragons.

He sits at the cafeteria by himself. He doesn't make too much about it, but he's lonely and would like to make friends.

He's a large person, and at times has been made fun of because of that.

Today during lunch, he is sitting by himself, and at the next table, several guys are heckling him (calling him names and such).

You and your friend are sitting at the table in front of him and watch what's going on. Carlos is trying to avoid the situation, but you sense he is uncomfortable.

What do you do?